

Modified Duties Checklist Example

The Following Checklist outlines a progression of duties that are available for the RN – RENAL position within Fraser Health. These duties have been separated into **Light, Moderate, and Full Duties** to assist in developing an appropriate return to Work Program progression as needed. Please indicate which activities which are appropriate to engage in at this time and note any progressions of duties and when they can be implemented.

Light Duties:

- Assesses, plans, implements and evaluates nursing care of assigned patients including machine/patient preparation
- Provides information, explanations and training including demonstrations of self/home care skills and medication education
- Charts nursing observations and interventions
- Prepares and monitors equipment; responds to and assesses hemodialysis machine alarms
- Participates in programs and professional committees, educational programs, research projects, clinical trials and surveys
- Medication review and management
- Setting up equipment (tubing, syringes)
- Accessing supplies (< than 10 lbs)
- Central lines
- Venal Punctures

Light Duties:

- Gripping and squeezing forceps
- Squeezing N/S bag to assist blood return at end of dialysis or in an emergency situation
- Setting up patient in electric bed (operating controls only)
- Communication with patients, medical staff, other department staff
- Faxing client information between dialysis units or to outside pharmacy, PRA
- Vitals including cardiac monitoring
- Handling linens and stocking supplies (within scope)
- Foley catheter insertion/maintenance
- Patient Education
- Mentoring students and coworkers

Moderate Duties:

- Patient handling: i.e. repositioning and transfers requiring stand by or minimal to moderate assistance
- Operating mechanical lifting devices: i.e. ceiling lift set up/operation; Medi maid/man transfer; Golvo standers
- Assist with test procedures
- Pushing wheeled equipment: i.e. stretchers
- Includes selected Light Duties

Regular Duties:

- Patient handling: i.e. repositioning and lifts of total care patients
- Pushing wheeled equipment: i.e. beds including other wheeled equipment
- Includes selected Light Duties
- Includes Selected Moderate Duties

*Note: Modified Supernumerary work programs include a modification to hours or duties. Employees that participate in modified work programs are **supernumerary** or the "extra worker" as per the collective agreements. By being the "extra worker" they are able to accommodate medical limitations as well as self limit activities and take microbreaks to assist with symptom management.*